

B	I	N	G	O
swimming	Angry	Aggression	Sad	listen to music
crafts	Heart Racing	screaming	games	Appropriate
Anxious	indoor basketball	FREE	running away	talking
Clenching of Fist	fighting	aggression	baseball	play cards
board games	home visit	push-ups	brain storming	pull-ups

B	I	N	G	O
indoor basketball	Tight Jaw	running away	aggression	Tears
depressed	baseball	Suggested Relaxation	Coloring	Coping Statement
fighting	crafts	FREE	breathing	BINGO
organize room	back gammon	screaming	Appropriate	talking
safety	Anxious	listen to music	crying	Clenching of Fist

B	I	N	G	O
back gammon	drawing	safety	basketball	crafts
Hot Face	Sad	goal setting	tell jokes	outdoor games
indoor basketball	games	FREE	play catch	Coloring
Emotions	going to the store	home visit	depressed	Anxious
Worried	Aggression	breathing	Heart Racing	sports