

B	I	N	G	O
talking	Anxious	Aggression	Sad	organize room
crafts	Heart Racing	snacking	games	Hot Face
Appropriate	listen to music	FREE	safety	tell jokes
Coloring	fishing	aggression	baseball	play catch
brain storming	home visit	running away	push-ups	indoor basketball

B	I	N	G	O
Verbal Aggression	safety	back gammon	Tears	depressed
baseball	Suggested Relaxation	Coloring	Coping Statement	fighting
crying	breathing	FREE	BINGO	outdoor games
aggression	snacking	Appropriate	tell jokes	screaming
Anxious	fishing	organize room	Clenching of Fist	basketball

B	I	N	G	O
crying	Hot Face	Self-Injurious	safety	going to the store
upset	outdoor games	listen to music	goal setting	pull-ups
Coloring	Happy	FREE	indoor basketball	drawing
Anxious	aggression	Aggression	breathing	Heart Racing
fighting	swimming	Coping Skills	write a letter	watch a movie