

B	I	N	G	O
Toe Touch	BOW	Flyer	Safety	Motions
Coach	Tabata	Preparation	Backspot	RAMS
Service	Uniform	FREE	CC	Herkie
Hi-V	Secondary Base	Lo-V	Heel Stretch	Plyometrics
Gold	Cardinal	Primary Base	White	Fight Song

B	I	N	G	O
Uniform	Backspot	Safety	Coach	Preparation
Flyer	White	Motions	Cardinal	RAMS
Hi-V	CC	FREE	Herkie	BOW
Heel Stretch	Primary Base	Toe Touch	Fight Song	Secondary Base
Lo-V	Plyometrics	Service	Tabata	Gold

B	I	N	G	O
Cardinal	Primary Base	Backspot	Plyometrics	CC
Toe Touch	Hi-V	Lo-V	Tabata	Motions
Service	Fight Song	FREE	Secondary Base	Heel Stretch
Uniform	RAMS	Safety	White	Flyer
Herkie	BOW	Preparation	Coach	Gold