

B	I	N	G	O
Stop seeing my sponsor	Avoiding dangerous people	Acknowledging what I can and cannot change	Counselor	No time like the
How my sleep was affected	Children	Sponsor	Live and	Avoiding dangerous places
My job	Slow but	FREE	Supports: have them use	Avoiding dangerous things
Let it	Going to meetings or support groups	Being able to forgive	Home group	Self righteous
How my job and co workers were affected	Meetings	Self-pity	Feeling entitled	Exercising

B	I	N	G	O
How my spiritual beliefs were affected	Home group	Eating healthy	Avoiding junk food	Awareness
How my thinking was affected	How my sleep was affected	How my job and co workers were affected	Avoiding dangerous places	Slow but
Self care	Going to meetings or support groups	FREE	Avoiding dangerous things	Srop seeing my counselor
Supports: have them use	Sponsor	Avoiding dangerous people	Let it	No time like the
Children	Counselor	Meetings	My job	Live and

B	I	N	G	O
Self righteous	Avoiding dangerous things	Awareness	Meetings	How my sleep was affected
Children	My job	How my thinking was affected	Avoiding dangerous people	Going to meetings or support groups
Acknowledging what I can and cannot change	How my job and co workers were affected	FREE	Stop seeing my sponsor	Avoiding junk food
Thinking positive	Thinking I can do this alone	No time like the	Let it	Clubs or organizations
Supports: have them use	Avoiding dangerous places	Home group	Counselor	Exercising