

B	I	N	G	O
time	FREE	denial	reorganization	moving on
anger	the opposites	persevere	FREE	the clock
transition	a friend	FREE	good	know how to cope with transition
sadness/ emotions	made the wrong decision	reflect on it	emotions	opportunity
accept them	resistance	anxiety	ups and downs	confusing

B	I	N	G	O
transition	ups and downs	FREE	made the wrong decision	anger
reorganization	know how to cope with transition	denial	opportunity	a friend
good	FREE	FREE	emotions	reflect on it
confusing	time	anxiety	sadness/ emotions	accept them
moving on	give up	the clock	persevere	the opposites

B	I	N	G	O
sadness/ emotions	emotions	transition	confusing	reorganization
resistance	the clock	ups and downs	made the wrong decision	a friend
reflect on it	FREE	FREE	good	denial
give up	moving on	accept them	FREE	time
the opposites	persevere	know how to cope with transition	opportunity	anxiety