

stress	airways	cold dry air	pets	fumes
cockroach	smoke	medication	anxiety	peanuts
pollution	tobacco	FREE	asthma	flu
food additives	pollen	fragrances	exercise	grass
dust	chemicals	mold	triggers	cold

tobacco	anxiety	pets	cockroach	medication
cold dry air	triggers	fumes	chemicals	peanuts
food additives	asthma	FREE	flu	airways
exercise	mold	stress	cold	pollen
fragrances	grass	pollution	smoke	dust

chemicals	mold	anxiety	grass	asthma
stress	food additives	fragrances	smoke	fumes
pollution	cold	FREE	pollen	exercise
tobacco	peanuts	pets	triggers	cold dry air
flu	airways	medication	cockroach	dust