

B	I	N	G	O
turkey	Almonds	Mixed Nuts	salmon	fatigue
Kidney beans	tuna	lamb	Fish	protein bars
tofu	veal	FREE	Garbanzo Beans	chicken
egg substitute	stay healthy	eggs	beef	healing
Peanut butter	Ham	muscle mass	weak	Lentils

B	I	N	G	O
veal	Fish	salmon	Kidney beans	lamb
Mixed Nuts	weak	fatigue	Ham	protein bars
egg substitute	Garbanzo Beans	FREE	chicken	Almonds
beef	muscle mass	turkey	Lentils	stay healthy
eggs	healing	tofu	tuna	Peanut butter

B	I	N	G	O
Ham	muscle mass	Fish	healing	Garbanzo Beans
turkey	egg substitute	eggs	tuna	fatigue
tofu	Lentils	FREE	stay healthy	beef
veal	protein bars	salmon	weak	Mixed Nuts
chicken	Almonds	lamb	Kidney beans	Peanut butter