

S	O	B	E	R
steroids	Celebrated a recovery milestone/anniv within the past week	addiction	positive coping strategies	inhalants
Meditation	self-help support group	meth	Has a sponsor	pain pills
resentments	Has fewer than 90 days clean/sober	FREE	memory loss	co-occurring disorder
family	relapse	heroin	money problems	relationships
better communication	affirmations	marijuana	Has finished Step Nine	High risk situation

S	O	B	E	R
memory loss	inhalants	Has fewer than 90 days clean/sober	resentments	Has finished Step Nine
positive coping strategies	co-occurring disorder	family	self-help support group	Has a sponsor
treatment	marijuana	FREE	Meditation	addiction
money problems	pain pills	meth	relapse	High risk situation
Celebrated a recovery milestone/anniv within the past week	steroids	trigger	NNAMHS	affirmations

S	O	B	E	R
memory loss	Meditation	money problems	NNAMHS	Has a sponsor
Celebrated a recovery milestone/anniv within the past week	trigger	treatment	High risk situation	self-help support group
Mental Health Court	relapse	FREE	heroin	pain pills
marijuana	family	co-occurring disorder	Has fewer than 90 days clean/sober	relationships
Has finished Step Nine	resentments	inhalants	addiction	meth