

Reduces risk of heart disease	Anyone can feed your baby	Breast feeding	May cause gas and constipation	Helps prevent diarrhea
Brain Development	Reduces risk of cancer	Improves mother's self-confidence	Attachment	Loses weight
Ready-to-use Formula	Saves money	FREE	Bonding time	Don't have to feed as often
Easily measured intake	Powder Formula	Eat whatever you want	Clean/warming up the bottles	Immunity boost
Can't eat spicy food	Bottle feeding	Liquid Concentrate Formula	Skin to skin	Breast Pump

Saves money	Attachment	May cause gas and constipation	Brain Development	Improves mother's self-confidence
Breast feeding	Skin to skin	Helps prevent diarrhea	Bottle feeding	Loses weight
Easily measured intake	Bonding time	FREE	Don't have to feed as often	Anyone can feed your baby
Clean/warming up the bottles	Liquid Concentrate Formula	Reduces risk of heart disease	Breast Pump	Powder Formula
Eat whatever you want	Immunity boost	Ready-to-use Formula	Reduces risk of cancer	Can't eat spicy food

Bottle feeding	Liquid Concentrate Formula	Attachment	Immunity boost	Bonding time
Reduces risk of heart disease	Easily measured intake	Eat what ever you want	Reduces risk of cancer	Helps prevent diarrhea
Ready-to-use Formula	Breast Pump	FREE	Powder Formula	Clean/warming up the bottles
Saves money	Loses weight	May cause gas and constipation	Skin to skin	Breast feeding
Don't have to feed as often	Anyone can feed your baby	Improves mother's self-confidence	Brain Development	Can't eat spicy food