

B	I	N	G	O
Skin Health	Avoid Smoking	Handwashing	Positive Attitude	Low Stress
Exercise	Skeptical	Plenty of Rest	Be Socially Active	Shingles Vacciene
Vitamin C	Cough	Healthy Diet	Healthy Weight	Redness and Swelling
Immunity	Pneumonia Shot	Health	Low Temprature	Don't Overdo It
Preventitive Care	Fever	White Blood Cells	Flu Vaccine	Healthy Blood Sugar

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Flu Vaccine	Redness and Swelling	Healthy Diet	Low Stress	Pneumonia Shot
Exercise	Handwashing	Plenty of Rest	Low Temprature	Skin Health
Immunity	Fever	Skeptical	Health	Positive Attitude
Preventitive Care	White Blood Cells	Healthy Blood Sugar	Avoid Smoking	Healthy Weight

B	I	N	G	O
Redness and Swelling	Low Temprature	Fever	Flu Vaccine	Health
Don't Overdo It	Healthy Blood Sugar	Exercise	Healthy Diet	Skin Health
Immunity	Preventitive Care	Plenty of Rest	Cough	Skeptical
Vitamin C	Pneumonia Shot	White Blood Cells	Be Socially Active	Avoid Smoking
Healthy Weight	Shingles Vacciene	Positive Attitude	Handwashing	Low Stress