

B	I	N	G	O
cool down	10-12	Calm Relax Focus	True	Honesty Happiness Loyalty
Bath and use deodorant	Vampire Cough	Mittens	2	T-zone
Turn off the lights	everywher e	FREE	20	Crosswalk
Emotion	Trust	Good at	Communication	Listen
Cheeks and tongue	60	Stretching	once a day	Bright clothing

B	I	N	G	O
everywhere	2	True	Bath and use deodorant	Mittens
Calm Relax Focus	once a day	Honesty Happiness Loyalty	60	T-zone
Emotion	20	FREE	Crosswalk	10-12
Communication	Stretching	cool down	Bright clothing	Trust
Good at	Listen	Turn off the lights	Vampire Cough	Cheeks and tongue

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60	Stretching	2	Listen	20
cool down	Emotion	Good at	Vampire Cough	Honesty Happiness Loyalty
Turn off the lights	Bright clothing	FREE	Trust	Communication
everywher e	T-zone	True	once a day	Calm Relax Focus
Crosswalk	10-12	Mittens	Bath and use deodorant	Cheeks and tongue