B	I	N	G	O
strain	1st domain of AT	comminuted fx	normal resting pulse	grade 3 sprain
abrasion	sprain	muscle cramping	GFI outlets	short duration/ immediate
NO object removal!	long duration/over time	**FREE**	fibroblastic repair	spiral fx
grade 1 sprain	proliferation-Maturation	grade 2 sprain	normal (adult) blood pressure	distal
dislocation	inflammatory Response	PRICE	SAID principle	primary Survey

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B	I	N	G	O
dorsiflexion	NO object removal!	fibroblastic repair	sprain	GFI outlets
strain	spiral fx	long duration/over time	normal resting pulse	inflammatory Response
grade 1 sprain	grade 3 sprain	**FREE**	abrasion	comminuted fx
muscle cramping	subluxation	primary Survey	proliferation-Maturation	PRICE
SAID principle	normal (adult) blood pressure	1st domain of AT	grade 2 sprain	universal Precautions

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B	I	N	G	O
subluxation	areas of AT facility	NO object removal!	primary Survey	abrasion
long duration/over time	atrophy	universal Precautions	GFI outlets	strain
grade 2 sprain	SAID principle	**FREE**	normal resting pulse	fibroblastic repair
comminuted fx	dorsiflexion	1st domain of AT	dislocation	inflammatory Response
normal (adult) blood pressure	sprain	proliferation-Maturation	grade 1 sprain	short duration/ immediate

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