

B	W	E	L	L
Take a Class or Session on Saturday & Sunday	# Us in a Post on Instagram	5 Instructor Facts	Pilates Mat Class with Andrew	Class or Session with "new" Teacher
3 Equipment Classes in 1 Week	TRX Class	Do the Roll Up Holding Stella	1 Minute Pilates Wall Squat with a Friend	Jump Board Class
Private Pilates "Check-In" Session	Take with a Pregnant Teacher (aka Rachael)	FREE (if you do your 100)	2 Classes Under 24 Hours	Bring a Friend to Class
Chelsea on Back to Back Days	Post a Review on our BBW Facebook Page	Class or Session on Chair or Cadillac	Balance with Eyes Closed for 30 seconds	Class with a BBW Instructor IN Class
Balance for 30 Seconds with	2 Minute Plank Challenge with any BBW Instructor	Hold Teaser for 1 minute with Shannon	Wear BBW Gear to 2 Classes	4 Female Instructed Classes in 1 Week

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Take with a Pregnant Teacher (aka Rachael)	1 Minute Pilates Wall Squat with a Friend	Pilates Mat Class with Andrew	3 Equipment Classes in 1 Week	Do the Roll Up Holding Stella
5 Instructor Facts	Wear BBW Gear to 2 Classes	Class or Session with "new" Teacher	2 Minute Plank Challenge with any BBW Instructor	Jump Board Class
Chelsea on Back to Back Days	2 Classes Under 24 Hours	FREE (if you do your 100)	Bring a Friend to Class	# Us in a Post on Instagram
Balance with Eyes Closed for 30 seconds	Hold Teaser for 1 minute with Shannon	Take a Class or Session on Saturday & Sunday	4 Female Instructed Classes in 1 Week	Post a Review on our BBW Facebook Page
Class or Session on Chair or Cadillac	Class with a BBW Instructor IN Class	Private Pilates "Check-In" Session	TRX Class	Balance for 30 Seconds with

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2 Minute Plank Challenge with any BBW Instructor	Hold Teaser for 1 minute with Shannon	1 Minute Pilates Wall Squat with a Friend	Class with a BBW Instructor IN Class	2 Classes Under 24 Hours
Take a Class or Session on Saturday & Sunday	Chelsea on Back to Back Days	Class or Session on Chair or Cadillac	TRX Class	Class or Session with "new" Teacher
Private Pilates "Check-In" Session	4 Female Instructed Classes in 1 Week	FREE (if you do your 100)	Post a Review on our BBW Facebook Page	Balance with Eyes Closed for 30 seconds
Take with a Pregnant Teacher (aka Rachael)	Jump Board Class	Pilates Mat Class with Andrew	Wear BBW Gear to 2 Classes	5 Instructor Facts
Bring a Friend to Class	# Us in a Post on Instagram	Do the Roll Up Holding Stella	3 Equipment Classes in 1 Week	Balance for 30 Seconds with