| B | W | E | L | L |
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| Take a Class or Session on Saturday & Sunday | # Us in a Post on Instagram | 5 Instructor Facts | Pilates Mat Class with Andrew | Class with a BBW Instructor IN Class |
| 3 Equipment Classes in 1 Week | TRX Class | Eyes Closed | 1 Minute Pilates Wall Squat with a Friend | Jump Board Class |
| Private Pilates "Check-In" Session | Take with a Pregnant Teacher (aka Rachael) | FREE (if you do your 100) | 2 Classes Under 24 Hours | Chelsea on Back to Back Days |
| Class or Session on Chair or Cadillac | Post a Review on our BBW Facebook Page | Class or Session with "new" Teacher | Bring a Friend to Class | Do the Roll Up Holding Stella |
| Balance for 30 Seconds with Eyes Closed | 2 Minute Plank Challenge with any BBW Instructor | Hold Teaser for 1 minute with Shannon | Wear BBW Gear to 2 Classes | 4 Female Instructed Classes in 1 Week |



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