

B	W	E	L	L
Take a Semi-Private with your significant other	# Us in a Post on Instagram	5 Instructor Facts	Post a Review on our BBW Facebook Page	Class with a BBW Instructor IN Class
3 Equipment Classes in 1 Week	Take a Class or Session on Saturday & Sunday	Hold Teaser for 1 minute w/ Shannon	1 Minute Pilates Wall Squat with a Friend	Pilates Mat Class with Andrew
TRX Class	Take with a Pregnant Teacher	FREE (if you do your 100)	2 Classes Under 24 Hours	Chelsea on Back to Back Days
Class or Session on Chair or Cadillac	Private Pilates "Check-In" Session	Class or Session with "new" Teacher	Bring a Friend to Class	Do the Roll Up Holding Stella
Balance for 30 Seconds w/ Eyes Closed	2 Minute Plank Challenge with any BBW Instructor	Jump Board Class	Wear BBW Gear to 2 Classes	4 Female Instructed Classes in 1 Week

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Take with a Pregnant Teacher	1 Minute Pilates Wall Squat with a Friend	Post a Review on our BBW Facebook Page	3 Equipment Classes in 1 Week	Hold Teaser for 1 minute w/ Shannon
5 Instructor Facts	Wear BBW Gear to 2 Classes	Class with a BBW Instructor IN Class	2 Minute Plank Challenge with any BBW Instructor	Pilates Mat Class with Andrew
Class or Session on Chair or Cadillac	2 Classes Under 24 Hours	FREE (if you do your 100)	Chelsea on Back to Back Days	# Us in a Post on Instagram
Bring a Friend to Class	Jump Board Class	Take a Semi-Private with your significant other	4 Female Instructed Classes in 1 Week	Private Pilates "Check-In" Session
Class or Session with "new" Teacher	Do the Roll Up Holding Stella	TRX Class	Take a Class or Session on Saturday & Sunday	Balance for 30 Seconds w/ Eyes Closed

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2 Minute Plank Challenge with any BBW Instructor	Jump Board Class	1 Minute Pilates Wall Squat with a Friend	Do the Roll Up Holding Stella	2 Classes Under 24 Hours
Take a Semi-Private with your significant other	Class or Session on Chair or Cadillac	Class or Session with "new" Teacher	Take a Class or Session on Saturday & Sunday	Class with a BBW Instructor IN Class
TRX Class	4 Female Instructed Classes in 1 Week	FREE (if you do your 100)	Private Pilates "Check-In" Session	Bring a Friend to Class
Take with a Pregnant Teacher	Pilates Mat Class with Andrew	Post a Review on our BBW Facebook Page	Wear BBW Gear to 2 Classes	5 Instructor Facts
Chelsea on Back to Back Days	# Us in a Post on Instagram	Hold Teaser for 1 minute w/ Shannon	3 Equipment Classes in 1 Week	Balance for 30 Seconds w/ Eyes Closed