B	I	N	G	O
Watch a Comedy	Anxiety	Frequent Illness	Quiet Time	Nausea
Eat Healthy	Unclutter your life	Over all body aches/fatigue	Depression	Plan Ahead
Take a Break	Weight Loss/Gain	**FREE**	Domestic Problems	Insomnia
Laugh more	Skin Breakouts	Moodiness	Headache	Negative Thoughts
Have fun	EAP	Over or Under Eating	Withdrawn	Fear

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B	I	N	G	O
Weight Loss/Gain	Depression	Quiet Time	Eat Healthy	Over all body aches/fatigue
Frequent Illness	Withdrawn	Nausea	EAP	Plan Ahead
Laugh more	Domestic Problems	**FREE**	Insomnia	Anxiety
Headache	Over or Under Eating	Watch a Comedy	Fear	Skin Breakouts
Moodiness	Negative Thoughts	Take a Break	Unclutter your life	Have fun

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B	I	N	G	O
EAP	Over or Under Eating	Depression	Negative Thoughts	Domestic Problems
Watch a Comedy	Laugh more	Moodiness	Unclutter your life	Nausea
Take a Break	Fear	**FREE**	Skin Breakouts	Headache
Weight Loss/Gain	Plan Ahead	Quiet Time	Withdrawn	Frequent Illness
Insomnia	Anxiety	Over all body aches/fatigue	Eat Healthy	Have fun

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