

B	I	N	G	O
Urine output	1 million	Dry mouth & headache	Summer	Immediately
Asthma Diabetes & Constipation	Urinary Tract Infection	Increased healthcare costs	60%	Kidneys
Thirst mechanism	Watermelon & cucumber	FREE	8	Falls
Heart Failure & COPD	Sweating vomiting & breathing	Hypohydration	Exercise illness & age	Incontinence
Eating meals	A few days	Infection	Women	Coffee tea & alcohol

B	I	N	G	O
Watermelon & cucumber	60%	Summer	Asthma Diabetes & Constipation	Increased healthcare costs
Dry mouth & headache	Women	Immediately	A few days	Kidneys
Heart Failure & COPD	8	FREE	Falls	1 million
Exercise illness & age	Infection	Urine output	Coffee tea & alcohol	Sweating vomiting & breathing
Hypohydration	Incontinence	Thirst mechanism	Urinary Tract Infection	Eating meals

B	I	N	G	O
A few days	Infection	60%	Incontinence	8
Urine output	Heart Failure & COPD	Hypohydration	Urinary Tract Infection	Immediately
Thirst mechanism	Coffee tea & alcohol	FREE	Sweating vomiting & breathing	Exercise illness & age
Watermelon & cucumber	Kidneys	Summer	Women	Dry mouth & headache
Falls	1 million	Increased healthcare costs	Asthma Diabetes & Constipation	Eating meals