

B	I	N	G	O
water	apples	fruits	strawberries	oatmeal
chicken breast	vegetables	peanut butter	banana	skim milk
turkey	whole grain bread	FREE	carrots	low sodium
nutrition	sweet potato	nuts	healthy	parfait
granola	cheese	salad	yogurt	fat free

B	I	N	G	O
whole grain bread	banana	strawberrie s	chicken breast	peanut butter
fruits	yogurt	oatmeal	cheese	skim milk
nutrition	carrots	FREE	low sodium	apples
healthy	salad	water	fat free	sweet potato
nuts	parfait	turkey	vegetables	granola

B	I	N	G	O
cheese	salad	banana	parfait	carrots
water	nutrition	nuts	vegetables	oatmeal
turkey	fat free	FREE	sweet potato	healthy
whole grain bread	skim milk	strawberrie s	yogurt	fruits
low sodium	apples	peanut butter	chicken breast	granola