

# Heat Stress BINGO!

|                                                                                 |                                                                   |                                                                   |                                                                |                                                                             |
|---------------------------------------------------------------------------------|-------------------------------------------------------------------|-------------------------------------------------------------------|----------------------------------------------------------------|-----------------------------------------------------------------------------|
| thinks drinking a caffeinated beverage will help hydrate you                    | <b>LOVES plain water</b>                                          | has felt confused while out in the heat                           | identified someone else as showing signs of heat stress        | has refused to drink the water provided at work because it 'might be dirty' |
| has been trained in identifying signs of heat illness                           | <b>owns a Lucha Libre mask</b>                                    | has skipped a break at work to try to catch up and make your goal | <b>can speak more than one language</b>                        | <b>likes to quote Will Ferrell movies</b>                                   |
| thinks that once they start to feel thirsty THAT'S when you should drink water  | <b>farms</b>                                                      | has had a severe headache from dehydration                        | has had to call 911 for someone else showing heat stress signs | knows who enforces the Heat Illness Prevention Standard                     |
| has pushed yourself to keep working on a really hot day - just to "get it done" | has trained others in identifying signs of heat stress            | has felt nauseous while working outside                           | <b>has seen someone faint in the heat</b>                      | <b>felt dizzy while working in the heat</b>                                 |
| knows someone who has filed a workplace safety violation complaint              | has drunk a cold beer instead of cold water when you were thirsty | <b>works outside</b>                                              | has felt body aches or cramps while outside on a hot day       | has forgotten to wear a hat while outside on a sunny day                    |

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| has felt body aches or cramps while outside on a hot day                        | knows who enforces the Heat Illness Prevention Standard           | has had a severe headache from dehydration                        | has refused to drink the water provided at work because it 'might be dirty' | has trained others in identifying signs of heat stress         |
| has been trained in identifying signs of heat illness                           | has felt confused while out in the heat                           | has skipped a break at work to try to catch up and make your goal | has seen someone faint in the heat                                          | thinks drinking a caffeinated beverage will help hydrate you   |
| has pushed yourself to keep working on a really hot day - just to "get it done" | has drunk a cold beer instead of cold water when you were thirsty | owns a Lucha Libre mask                                           | has felt nauseous while working outside                                     | identified someone else as showing signs of heat stress        |
| knows someone who has filed a workplace safety violation complaint              | <b>works outside</b>                                              | has forgotten to wear a hat while outside on a sunny day          | <b>LOVES plain water</b>                                                    | has had to call 911 for someone else showing heat stress signs |

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| felt dizzy while working in the heat                                            | has forgotten to wear a hat while outside on a sunny day           | has been trained in identifying signs of heat illness             | has had a severe headache from dehydration               | thinks drinking a caffeinated beverage will help hydrate you                |
| has pushed yourself to keep working on a really hot day - just to "get it done" | knows someone who has filed a workplace safety violation complaint | has skipped a break at work to try to catch up and make your goal | farms                                                    | owns a Lucha Libre mask                                                     |
| thinks that once they start to feel thirsty THAT'S when you should drink water  | has trained others in identifying signs of heat stress             | works outside                                                     | can speak more than one language                         | LOVES plain water                                                           |
| has had to call 911 for someone else showing heat stress signs                  | likes to quote Will Ferrell movies                                 | identified someone else as showing signs of heat stress           | has felt confused while out in the heat                  | has refused to drink the water provided at work because it 'might be dirty' |