

B	I	N	G	O
Trouble Sleeping	Addiction	Chewing Gum	Stress	Gum Disease
Carbon Monoxide	Triggers	Loneliness	Anxiety	Nicotine
Tobacco	Trouble Thinking	FREE	Asthma	Esophageal Cancer
Boredom	Fear	Tar	Formaldehyde	Taste
Cravings	Heart Rate	Cigarette	Blood Pressure	Lung Cancer

B	I	N	G	O
Trouble Thinking	Tar	Nicotine	Lung Cancer	Taste
Asthma	Boredom	Gum Disease	Carbon Monoxide	Heart Rate
Anxiety	Depression	FREE	Addiction	Formaldehyde
Trouble Sleeping	Blood Pressure	Withdrawal	Stress	Loneliness
Chewing Gum	Esophageal Cancer	Fear	Cravings	Triggers

B	I	N	G	O
Carbon Monoxide	Taste	Fear	Stress	Addiction
Trouble Thinking	Nicotine	Chewing Gum	Boredom	Heart Rate
Esophageal Cancer	Depression	FREE	Asthma	Anxiety
Blood Pressure	Tobacco	Gum Disease	Cigarette	Lung Cancer
Triggers	Trouble Sleeping	Formaldehyde	Cravings	Cessation