

B	I	N	G	O
tissue	650	frown muscles	smooth	obliques
deltoid	tendon	quadriceps	abdominal	smile muscles
strongest muscle	triceps	FREE	biceps	ligament
muscle	stretching	muscle memory	involuntary	pectoral
gluteus maximus	cardiac muscles	skeletal	voluntary	exercise

B	I	N	G	O
triceps	abdominal	smooth	deltoid	quadriceps
frown muscles	voluntary	obliques	cardiac muscles	smile muscles
muscle	biceps	FREE	ligament	650
involuntary	skeletal	tissue	exercise	stretching
muscle memory	pectoral	strongest muscle	tendon	gluteus maximus

B	I	N	G	O
cardiac muscles	skeletal	abdominal	pectoral	biceps
tissue	muscle	muscle memory	tendon	obliques
strongest muscle	exercise	FREE	stretching	involuntary
triceps	smile muscles	smooth	voluntary	frown muscles
ligament	650	quadriceps	deltoid	gluteus maximus