

B	I	N	G	O
Vitamin C	Avoid Smoking	Health	Preventative Care	Low Temperature
Fever	Vegetables	Pneumonia Shot	Be Socially Active	Skin Health
Wash Hands	Don't Overdo It	Healthy Weight	Immunity	Shingles Vaccine
Low Stress	Positive Attitude	Healthy Blood Sugar	Plenty of Rest	Exercise
Redness and Swelling	Flu Vaccine	White Blood Cells	Fruits	Healthy Diet

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Wash Hands	Don't Overdo It	Skin Health	Be Socially Active	Exercise
Fruits	Shingles Vaccine	Healthy Weight	Low Temperature	Positive Attitude
Fever	Health	Pneumonia Shot	Plenty of Rest	Vitamin C
Low Stress	Flu Vaccine	Vegetables	Healthy Blood Sugar	Preventative Care
Redness and Swelling	White Blood Cells	Healthy Diet	Avoid Smoking	Immunity

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Shingles Vaccine	Plenty of Rest	Flu Vaccine	Fruits	Healthy Blood Sugar
Exercise	Healthy Diet	Fever	Healthy Weight	Vitamin C
Low Stress	Redness and Swelling	Pneumonia Shot	Don't Overdo It	Vegetables
Wash Hands	Positive Attitude	White Blood Cells	Be Socially Active	Avoid Smoking
Immunity	Skin Health	Preventative Care	Health	Low Temperature