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Think	Assertive	Focus	Respectful Learners	Others' Perspectives Conflicting Feelings Showing Compassion
Concentrate	Task	Practice	Attention	Skills for Learning
Understanding	Be a Learner	**FREE**	Identifying Feelings	Listening
Self Talk	Making Friends	Respectful	Focus Attention	Planning
Calm	Second Step	Distractions	Understanding Perspectives	Empathy

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Understanding	Understanding Perspectives	Attention	Making Friends	Concentrate
Respectful Learners	Listening	Focus	Planning	Be a Learner
Identifying Feelings	Assertive	**FREE**	Focus Attention	Respectful
Empathy	Think	Distractions	Self Talk	Calm
Others' Perspectives Conflicting Feelings Showing Compassion	Growing Your Brain Feelings	Skills for Learning	Practice	Task

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Self Talk	Focus Attention	Understanding	Empathy	Respectful Learners
Second Step	Skills for Learning	Understanding Perspectives	Making Friends	Be a Learner
Respectful	Attention	**FREE**	Identifying Feelings	Focus
Growing Your Brain Feelings	Others' Perspectives Conflicting Feelings Showing Compassion	Calm	Assertive	Think
Task	Practice	Listening	Planning	Distractions

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