

S	O	B	E	R
support group	A.A	N.A.	positive coping strategies	friends
High risk situation	resentments	memory loss	Has a sponsor	relationships
treatment	Has fewer than 90 days clean/sober	FREE	better communication	cravings
relapse	family	money problems	Sober for at least 2 weeks	has read the 4 absolutes
Has finished Step Nine	promises	Meditation	trigger	Mental Health Court

S	O	B	E	R
treatment	trigger	Has a sponsor	family	High risk situation
positive coping strategies	cravings	N.A.	has read the 4 absolutes	Has fewer than 90 days clean/sober
better communication	A.A	FREE	Sober for at least 2 weeks	money problems
Mental Health Court	support group	Meditation	relapse	Has finished Step Nine
friends	addiction	relationships	memory loss	resentments

S	O	B	E	R
relapse	Sober for at least 2 weeks	treatment	Mental Health Court	positive coping strategies
promises	relationships	trigger	family	Has fewer than 90 days clean/sober
money problems	Has a sponsor	FREE	better communication	N.A.
addiction	friends	Has finished Step Nine	A.A	support group
resentments	memory loss	cravings	has read the 4 absolutes	Meditation