

|              |                            |                      |                          |                  |
|--------------|----------------------------|----------------------|--------------------------|------------------|
| Support      | Celebrate                  | Budgeting            | Fun                      | Resiliency       |
| Peers        | Education                  | Stress<br>Management | Planning<br>Ahead        | Change           |
| Strength     | Volunteering               | Communication        | Physical<br>Activity     | Hope             |
| Independence | Self-esteem                | Motivation           | Recovery                 | Spirituality     |
| Groups       | Personal<br>REsponsibility | Goals                | Community<br>Involvement | Coping<br>Skills |

|                    |                       |            |                 |                         |
|--------------------|-----------------------|------------|-----------------|-------------------------|
| Physical Activity  | Peers                 | Motivation | Communication   | Strength                |
| Coping Skills      | Self Advocacy         | Hope       | Independence    | Stress Management       |
| Change             | Volunteering          | Celebrate  | Resiliency      | Personal REsponsibility |
| Pets               | Education             | Fun        | Problem Solving | Planning Ahead          |
| Social Interaction | Community Involvement | Counseling | Recovery        | Healthy Relationships   |

|                       |                       |            |              |                 |
|-----------------------|-----------------------|------------|--------------|-----------------|
| Budgeting             | Motivation            | Education  | Pets         | Support         |
| Community Involvement | Working Together      | Wellness   | Emotions     | Communication   |
| Self Advocacy         | Planning Ahead        | Energy     | Celebrate    | Peers           |
| Counseling            | Change                | Resiliency | Independence | Fun             |
| Physical Activity     | Healthy Relationships | Groups     | Recovery     | Problem Solving |