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Structure	Acknowledging what I can and cannot change	12-steps	Communication	Phase Out
Groups or organizations	Care and Concern	Sponsor or counselor	Job search	Sister's Keeper
Affirmations	Escort Procedure	DRUG FREE SPACE	Body Image	Exercising
Relapse warning sign	Expectations of Others	Not take medications	Resources	Drop
Depression	Higher Power	Anxiety	How my sleeping was affected	Addiction

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Sister's Keeper	Anxiety	Re-Entry	Escort Procedure	Affirmations
Exercising	Sponsor or counselor	Acknowledging what I can and cannot change	Structure	Job search
Phase Out	Higher Power	DRUG FREE SPACE	Addiction	How my sleeping was affected
Care and Concern	Communication	Meditation	Trigger	Relapse warning sign
Body Image	Not take medications	12-steps	Groups or organizations	Stressors

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Anxiety	Unhealthy Boundaries	Trigger	Care and Concern	Addiction
Re-Entry	Job search	Co-occurring disorder	Acknowledging what I can and cannot change	Structure
Groups or organizations	Body Image	DRUG FREE SPACE	Phase Out	Exercising
Communication	How my sleeping was affected	Escort Procedure	Depression	Not take medications
Stressors	Chain of Command	Relapse warning sign	Expectations of Others	12-steps