

s	o	b	e	r
Structure	Acknowledging what I can and cannot change	12-steps	Co-occurring disorder	Re-Entry
Groups or organizations	Body Image	Sponsor or counselor	Meditation	Care and Concern
Phase Out	Sister's Keeper	DRUG FREE SPACE	Affirmations	Job search
Engagement	Escort Procedure	Relapse warning sign	Expectations of Others	Not take medications
Resources	Drop	Depression	Higher Power	Communication

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Affirmations	Anxiety	Job search	Groups or organizations	Expectations of Others
Addiction	Sister's Keeper	Re-Entry	Engagement	Escort Procedure
Sponsor or counselor	Acknowledging what I can and cannot change	DRUG FREE SPACE	Structure	Higher Power
Exercising	Care and Concern	Communication	Not take medications	Trigger
Phase Out	Meditation	Resources	Body Image	12-steps

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Expectations of Others	Body Image	Job search	Stressors	Affirmations
Unhealthy Boundaries	Trigger	Care and Concern	Addiction	Re-Entry
Meditation	Co-occurring disorder	DRUG FREE SPACE	Acknowledging what I can and cannot change	Structure
Groups or organizations	Phase Out	Escort Procedure	Engagement	Depression
Not take medications	Resources	Exercising	12-steps	Anxiety