

B	I	N	G	O
What is the benefit of 'sharing our stuff' for long-term recovery?	How can you control your emotions?	How has your spirituality been affected by your substance use?	What is a craving?	What are two legal consequences of substance use?
How has your physical health been affected by your substance use?	What is one myth about alcohol and/or drugs you use to have?	What does H.A.L.T. mean?	How has your emotional well-being been affected by your substance use?	What is AA/NA?
What is a sponsor?	Who has enabled your substance use and how?	FREE	How has your family been affected by your substance use?	How would you describe your 'sober' self?
Identify 2 coping skills	What is a relapse?	What are two causes of substance use?	How would you describe your 'addicted' self?	What does 'one day at a time' mean to me?
How have your finances been affected by your substance use?	How has your job been affected by your substance use?	What does progressive mean?	Who is your telephone therapist?	How has your sex life been affected by your substance use?

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How would you describe your 'addicted' self?	What does progressive mean?	What is the benefit of 'sharing our stuff' for long-term recovery?	How has your sex life been affected by your substance use?	What is a relapse?
What are two causes of substance use?	What does 'one day at a time' mean to me?	What is a sponsor?	What is one myth about alcohol and/or drugs you use to have?	How have your finances been affected by your substance use?

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