

B	I	N	G	O
WALKING	AGE	EXERCISE	SPINE	OSTEOPOROSIS
DIET	VITAMIN D	PROTEIN	ALCOHOL	THIN
WEAK AND BRITTLE	BONE DENSITY	FREE	HEALTHY	MEDICATION
SUNSHINE	MILK	SMOKING	FRACTURE	POROUS
CALCUIM	STRONG	DOCTOR	WOMEN	ESTROGEN

B	I	N	G	O
WEAK AND BRITTLE	WOMEN	ALCOHOL	MILK	DIET
SPINE	MEDICATION	EXERCISE	POROUS	BONE DENSITY
HEALTHY	AGE	FREE	FRACTURE	SMOKING
ESTROGEN	WALKING	DOCTOR	SUNSHINE	CALCIUM
OSTEOPOROSIS	FRAX	THIN	PROTEIN	VITAMIN D

B	I	N	G	O
SUNSHINE	FRACTURE	WEAK AND BRITTLE	ESTROGEN	SPINE
STRONG	THIN	WOMEN	MILK	BONE DENSITY
SMOKING	ALCOHOL	FREE	HEALTHY	EXERCIS E
FRAX	OSTEOPOROSIS	CALCUIM	AGE	WALKING
VITAMIN D	PROTEIN	MEDICATION	POROUS	DOCTOR