

B	I	N	G	O
WALKING	AGE	EXERCISE	SMOKING	OSTEOPOROSIS
DIET	VITAMIN D	POROUS	ALCOHOL	SUNSHINE
WEAK AND BRITTLE	BONE DENSITY	FREE	HEALTHY	MEDICATION
STRONG	MILK	PROTEIN	FRACTURE	PAIN
CALCUIM	SPINE	DOCTOR	WOMEN	ESTROGEN

B	I	N	G	O
WEAK AND BRITTLE	WOMEN	ALCOHOL	MILK	DIET
SMOKING	MEDICATION	EXERCISE	PAIN	BONE DENSITY
HEALTHY	AGE	FREE	FRACTURE	PROTEIN
ESTROGEN	WALKING	DOCTOR	STRONG	CALCIUM
OSTEOPOROSIS	FRAX	SUNSHINE	POROUS	VITAMIN D

B	I	N	G	O
STRONG	FRACTURE	WEAK AND BRITTLE	ESTROGEN	SMOKING
SPINE	SUNSHINE	WOMEN	MILK	BONE DENSITY
PROTEIN	ALCOHOL	FREE	HEALTHY	EXERCIS E
FRAX	OSTEOPOROSIS	CALCUIM	AGE	WALKING
VITAMIN D	POROUS	MEDICATION	PAIN	DOCTOR