B	I	N	G	O
WALKING	AGE	EXERCISE	SPINE	OSTEOPOROSIS
DIET	VITAMIN D	PROTEIN	ALCOHOL	THIN
WEAK AND BRTILLE	BONE DENSITY	**FREE**	MEDICATION	MILK
SUNSHINE	MILK	SMOKING	FRACTURE	POROUS
CALCIUM	STRONG	DOCTOR	WOMEN	ESTROGEN

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B	I	N	G	O
WEAK AND BRTILLE	WOMEN	ALCOHOL	MILK	DIET
SPINE	MILK	EXERCISE	POROUS	BONE DENSITY
MEDICATION	AGE	**FREE**	FRACTURE	SMOKING
ESTROGEN	WALKING	DOCTOR	SUNSHINE	CALCIUM
OSTEOPOROSIS	FRAX	THIN	PROTEIN	VITAMIN D

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B	I	N	G	O
SUNSHINE	FRACTURE	WEAK AND BRTILLE	ESTROGEN	SPINE
STRONG	THIN	WOMEN	MILK	BONE DENSITY
SMOKING	ALCOHOL	**FREE**	MEDICATION	EXERCISE
FRAX	OSTEOPOROSIS	CALCIUM	AGE	WALKING
VITAMIN D	PROTEIN	MILK	POROUS	DOCTOR

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