

B	O	N	E	S
WALKING	AGE	ESTROGEN	SPINE	MILK
CALCIUM	VITAMIN D	PROTEIN	ALCOHOL	THIN
WEAK AND BRTILLE	BONE	FREE	FRAX	MEDICATION
SUNSHINE	MILK	SMOKING	EXERCIS E	POROUS
BONE DENSITY	STRONG	DIET	WOMEN	DOCTOR

B	O	N	E	S
WEAK AND BRITTLE	WOMEN	ALCOHOL	MILK	CALCIUM
SPINE	MEDICATION	ESTROGEN	POROUS	BONE
FRAX	AGE	FREE	EXERCISE	SMOKING
DOCTOR	WALKING	DIET	SUNSHINE	BONE DENSITY
MILK	FRACTURE	THIN	PROTEIN	VITAMIN D

B	O	N	E	S
SUNSHINE	EXERCISE	WEAK AND BRITTLE	DOCTOR	SPINE
STRONG	THIN	WOMEN	MILK	BONE
SMOKING	ALCOHOL	FREE	FRAX	ESTROGEN
FRACTURE	MILK	BONE DENSITY	AGE	WALKING
VITAMIN D	PROTEIN	MEDICATION	POROUS	DIET