

RECOVERY

Support	Celebrate	Budgeting	Fun	Resiliency
Peers	Education	Stress Management	Planning Ahead	Change
Strength	Volunteering	Communication	Physical Activity	Hope
Independence	Self-esteem	Motivation	Recovery	Spirituality
Groups	Personal REsponsibility	Goals	Community Involvement	Coping Skills

RECOVERY

Physical Activity	Peers	Motivation	Communication	Strength
Coping Skills	Self Advocacy	Hope	Independence	Stress Management
Change	Volunteering	Celebrate	Resiliency	Personal REsponsibility
Pets	Education	Fun	Problem Solving	Planning Ahead
Social Interaction	Community Involvement	Counseling	Recovery	Healthy Relationships

RECOVERY

Budgeting	Motivation	Education	Pets	Support
Community Involvement	Working Together	Wellness	Emotions	Communication
Self Advocacy	Planning Ahead	Energy	Celebrate	Peers
Counseling	Change	Resiliency	Independence	Fun
Physical Activity	Healthy Relationships	Groups	Recovery	Problem Solving