

|                            |                                 |                   |                                 |                            |
|----------------------------|---------------------------------|-------------------|---------------------------------|----------------------------|
| <b>B</b>                   | <b>I</b>                        | <b>N</b>          | <b>G</b>                        | <b>O</b>                   |
| water                      | 20<br>seconds                   | germs             | throw<br>away<br>paper<br>towel | remove<br>germs            |
| clean                      | wash<br>hands<br>often          | scrub             | Elbow<br>Sneeze                 | warm<br>water              |
| wet your<br>hands          | backs of<br>hands               | <b>FREE</b>       | paper<br>towel                  | prevent<br>getting<br>sick |
| under<br>fingernails       | protect<br>yourself             | soap              | handwashing                     | rinse                      |
| between<br>your<br>fingers | turn off<br>water with<br>towel | dry your<br>hands | wrist                           | easy to<br>do              |

|                        |                       |                |                   |                      |
|------------------------|-----------------------|----------------|-------------------|----------------------|
| <b>B</b>               | <b>I</b>              | <b>N</b>       | <b>G</b>          | <b>O</b>             |
| wet your hands         | wrist                 | Elbow Sneeze   | protect yourself  | clean                |
| throw away paper towel | prevent getting sick  | germs          | rinse             | backs of hands       |
| paper towel            | 20 seconds            | <b>FREE</b>    | handwashing       | soap                 |
| easy to do             | water                 | dry your hands | under fingernails | between your fingers |
| remove germs           | keep your hands clean | warm water     | scrub             | wash hands often     |

|                                 |                 |                            |                     |                                 |
|---------------------------------|-----------------|----------------------------|---------------------|---------------------------------|
| <b>B</b>                        | <b>I</b>        | <b>N</b>                   | <b>G</b>            | <b>O</b>                        |
| under<br>fingernails            | handwashing     | wet your<br>hands          | easy to<br>do       | throw<br>away<br>paper<br>towel |
| turn off<br>water with<br>towel | warm<br>water   | wrist                      | protect<br>yourself | backs of<br>hands               |
| soap                            | Elbow<br>Sneeze | <b>FREE</b>                | paper<br>towel      | germs                           |
| keep your<br>hands<br>clean     | remove<br>germs | between<br>your<br>fingers | 20<br>seconds       | water                           |
| wash<br>hands<br>often          | scrub           | prevent<br>getting<br>sick | rinse               | dry your<br>hands               |