

B	I	N	G	O
The question is not can you but will you?	Buck Furpees!	I Can And I Will!	Sometimes I want to give up.. And Then I remember all the a**h&!@E\$ I want to prove wrong!	Look In The Mirror Thats Your Competition
Good Workout Defined: You Hate Doing It But Proud You Finished It	The Real Workout Starts When You Want To Stop	Push Yourself- No One Else Can Do It For You!	Clear Your Mind of Can't	SWEAT IS MAGIC! Cover Yourself in it daily and grant your wishes
Sweat Is Just Fat Crying	Unless You Puke Faint Or Bleed... Keep Going	FREE	Don't Stop When It Hurts Stop When You're Done	I Will Run Harder Than My Mascara
It Always Seems Impossible Until It's Done	Sore: The Most Satisfying Pain	It's Not Always Easy But It is Always Worth It	I Love Lifting Lifting Is My Favorite	Pain Is Weakness Leaving The Body
I Do This For Me	Get Swole!	SGF Is The BEST!	You Get What You Work For Not What You Wish For	Healthy Is An Outfit That Looks Different On Every Body

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