

S	O	B	E	R
Talk to good people!	Am I in Recovery	Go to Meetings!	New places!	Let go and let god!
Get a Sponsor!	Sunlight of the Spirit!	Medication!	Be Strong!	New friends!
Prayer!	Why do I keep relapsing!	FREE	Eat dinner with the fam!	If I only knew!
First things First!	Intoxication is bad!	New thinking!	Keep coming back!	No swearing!
Higher Power!	Life is Good!	Help me don't hurt me!	EmotionalPeople!	Meditation!

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Why do I keep relapsing!	New thinking!	New friends!	Meditation!	No swearing!
Eat dinner with the fam!	First things First!	Let go and let god!	Get a Sponsor!	Life is Good!
Be Strong!	I gotta do something!	FREE	Am I in Recovery	Keep coming back!
Talk to good people!	EmotionalPeople!	Why me!	New places!	Medication!
Go to Meetings!	If I only knew!	Intoxication is bad!	Higher Power!	Sunlight of the Spirit!

S	O	B	E	R
Get a Sponsor!	No swearing!	Intoxication is bad!	New places!	Am I in Recovery
Why do I keep relapsing!	New friends!	Go to Meetings!	First things First!	Life is Good!
If I only knew!	I gotta do something!	FREE	Eat dinner with the fam!	Be Strong!
EmotionalPeople!	Prayer!	Let go and let god!	Help me don't hurt me!	Meditation!
Sunlight of the Spirit!	Talk to good people!	Keep coming back!	Higher Power!	Get a grip!