

D	A	N	C	E
TICK TOCK	BACK SPOT	BACK HANDSPRING	CRADLE	ROUND OFF
HEEL STRETCH	BUCKET	STRADDLE JUMP	ONE-MAN	CARTWHEEL
PYRAMID	SPLIT	BASE	LAYOUT	FLYER
FOREWARD ROLL	SCORPION	FULL	PIKE	SPANKIE S
FACIALS	EXTENSION	HERKIE	DOUBLE DOWN	BASKET TOSS

D	A	N	C	E
LAYOUT	HEEL STRETCH	FULL	BACK WALK OVER	SPLIT
BASKET TOSS	ROUND OFF	FLYER	BASE	FOREWARD ROLL
STRADDLE JUMP	BACK SPOT	TICK TOCK	HERKIE	FRONT WALK OVER
CARTWHEEL	DOUBLE DOWN	PIKE	TOE TOUCH	PYRAMID
ONE-MAN	SPANKIE S	BUCKET	BACK HANDSPRING	STRETCH

D	A	N	C	E
BASE	TUCK	TOE TOUCH	CARTWHEEL	BACK WALK OVER
ROUND OFF	ONE-MAN	CRADLE	BACK SPOT	TICK TOCK
HEEL STRETCH	BUCKET	FULL	PYRAMID	FOREWARD ROLL
LAYOUT	FLYER	EXTENSION	PIKE	STRETCH
SPANKIE S	FRONT WALK OVER	BACK HANDSPRING	BASKET TOSS	HERKIE