

B	I	N	G	O
uncomfortable feeling	12-step program	cerebral cortex	replacement of old drug with new activities	lapse
brain	social media	normal	AA	receptors
sobriety	urge	FREE	NA	cravings will pass
health	ripple effects	hippo campus	complacent	long term sobriety
cold turkey	ant-drug songs	positive	withdrawal	cerebellum

B	I	N	G	O
urge	AA	replacement of old drug with new activities	brain	normal
cerebral cortex	withdrawal	lapse	ant-drug songs	receptors
health	NA	FREE	cravings will pass	12-step program
complacent	positive	uncomfortable feeling	cerebellum	ripple effects
hippo campus	long term sobriety	sobriety	social media	cold turkey

B	I	N	G	O
ant-drug songs	positive	AA	long term sobriety	NA
uncomfortable feeling	health	hippo campus	social media	lapse
sobriety	cerebellum	FREE	ripple effects	complacent
urge	receptors	replacement of old drug with new activities	withdrawal	cerebral cortex
cravings will pass	12-step program	normal	brain	cold turkey