

B	I	N	G	O
Take A Walk	Bake a Cake	Go Shopping	Play A Game	Listen to the Radio
Cook	Spend Time with Family	Paint Your Nails	Clean out your Car	Sing A Song
Talk to a Friend	Clean the House	FREE	Hang out with a Friend	Have a Good Cry
Ride A Bike	Light A Candle	Paint a Picture	Go to the Beach	Meditate
Climb A Tree	Ride A Bike	Counseling	Write A Poem	Go Fishing

B	I	N	G	O
Talk to a Friend	Write A Poem	Clean out your Car	Light A Candle	Cook
Play A Game	Have a Good Cry	Go Shopping	Meditate	Clean the House
Hang out with a Friend	Bake a Cake	FREE	Go to the Beach	Paint a Picture
Go Fishing	Take A Walk	Counseling	Ride A Bike	Climb A Tree
Listen to the Radio	Go to the Park	Sing A Song	Paint Your Nails	Spend Time with Family

B	I	N	G	O
Ride A Bike	Go to the Beach	Talk to a Friend	Go Fishing	Play A Game
Ride A Bike	Sing A Song	Write A Poem	Light A Candle	Clean the House
Paint a Picture	Clean out your Car	FREE	Hang out with a Friend	Go Shopping
Go to the Park	Listen to the Radio	Climb A Tree	Bake a Cake	Take A Walk
Spend Time with Family	Paint Your Nails	Have a Good Cry	Meditate	Counseling