

B	I	N	G	O
tuna	beef tips	egg substitute	shrimp	meatballs
chopped steak	tofu	protein powder	catfish	roast
tilapia	turkey	FREE	chicken	hamburger
liquid protein	taco	lobster	fajitas	pork
eggs	chicken salad	protein shake	whey protein	cottage cheese

B	I	N	G	O
turkey	catfish	shrimp	chopped steak	protein powder
egg substitute	whey protein	meatballs	chicken salad	roast
liquid protein	chicken	FREE	hamburger	beef tips
fajitas	protein shake	tuna	cottage cheese	taco
lobster	pork	tilapia	tofu	eggs

B	I	N	G	O
chicken salad	protein shake	catfish	pork	chicken
tuna	liquid protein	lobster	tofu	meatballs
tilapia	cottage cheese	FREE	taco	fajitas
turkey	roast	shrimp	whey protein	egg substitute
hamburger	beef tips	protein powder	chopped steak	eggs