

B	I	N	G	O
Write 5 things you are grateful for	Appreciate 3 random people	Help someone	Tell someone why you miss them	Show your boss appreciation
Give away something that belongs to you	Thank your parents for something	Take a picture for someone	Appreciate 4 people in your team	Thank someone who challenges you. Tell them why.
Write 5 things you love about YOU	Call an old friend	FREE	Say thank you to 3 guests	Say thank you to 3 guests
Thank a family member	Show appreciation to 4 peers	Tell 3 people why you need them in your life	Leave a kind note for someone	Smile and say hello to 10 people
Compliment a stranger	Tell someone you love them	Give out 4 hugs	Write a note to someone you love	Give someone something they need

B	I	N	G	O
Write 5 things you love about YOU	Write a note to someone you love	Appreciate 4 people in your team	Show appreciation to 4 peers	Give away something that belongs to you
Tell someone why you miss them	Say thank you to 3 guests	Help someone	Smile and say hello to 10 people	Call an old friend
Say thank you to 3 guests	Appreciate 3 random people	FREE	Leave a kind note for someone	Tell 3 people why you need them in your life
Give someone something they need	Write 5 things you are grateful for	Give out 4 hugs	Thank a family member	Compliment a stranger
Show your boss appreciation	Reach out to an old friend	Thank someone who challenges you. Tell them why.	Take a picture for someone	Thank your parents for something

B	I	N	G	O
Thank a family member	Leave a kind note for someone	Write 5 things you love about YOU	Give someone something they need	Tell someone why you miss them
Tell someone you love them	Thank someone who challenges you. Tell them why.	Write a note to someone you love	Show appreciation to 4 peers	Call an old friend
Tell 3 people why you need them in your life	Appreciate 4 people in your team	FREE	Say thank you to 3 guests	Help someone
Reach out to an old friend	Show your boss appreciation	Compliment a stranger	Appreciate 3 random people	Write 5 things you are grateful for
Thank your parents for something	Take a picture for someone	Say thank you to 3 guests	Smile and say hello to 10 people	Give out 4 hugs