B	I	N	G	O
Understand the situation	Are you being fair?	Don't make things worse!	Take time to calm down	Remember who can help you! (Natural Supports)
Don't blame anyone	Try to think of a solution together	See the other persons point of view	Ask for someone else to help	Try seeing the good in people
Work Together	Avoid Hostile Criticism	**FREE**	No insults	No screaming or kicking or fighting
Treat people fairly	Pay attention to body language and tone of voice	Stick to the agreement	Listen to the other person	Say how you feel
Be honest	Talking can lead to a solution	Don't gang up with others	Work out what each of you will do	Don't interrupt

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B	I	N	G	O
Work Together	Work out what each of you will do	Ask for someone else to help	Pay attention to body language and tone of voice	Don't blame anyone
Take time to calm down	No screaming or kicking or fighting	Don't make things worse!	Say how you feel	Avoid Hostile Criticism
No insults	Are you being fair?	**FREE**	Listen to the other person	Stick to the agreement
Don't interrupt	Understand the situation	Don't gang up with others	Treat people fairly	Be honest
Remember who can help you! (Natural Supports)	No Mind-Reading	Try seeing the good in people	See the other persons point of view	Try to think of a solution together

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B	I	N	G	O
Treat people fairly	Listen to the other person	Work Together	Don't interrupt	Take time to calm down
Talking can lead to a solution	Try seeing the good in people	Work out what each of you will do	Pay attention to body language and tone of voice	Avoid Hostile Criticism
Stick to the agreement	Ask for someone else to help	**FREE**	No insults	Don't make things worse!
No Mind-Reading	Remember who can help you! (Natural Supports)	Be honest	Are you being fair?	Understand the situation
Try to think of a solution together	See the other persons point of view	No screaming or kicking or fighting	Say how you feel	Don't gang up with others

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