B	I	N	G	O
Watch TV	Be with other people.	Arts and Crafts	Go shopping.	Search on-line for new songs/artists.
Plan your wedding/prom/other event.	Excerise	Think about loved ones	Pray.	Clean something.
Search for ridiculous things on the internet.	Talk to someone close to you.	**FREE**	Watch an old happy movie.	Color-coordinate your wardrobe.
Play with modeling clay or Play-Dough.	Look up new words and use them.	Talk to staff	Draw on yourself with a marker.	Make hot chocolate milkshake or smoothie.
Stretch.	Paint or draw.	Read the Bible.	Take up a new hobby.	Paint your nails do your make-up or hair.

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B	I	N	G	O
Take a time out	Scribble/doodle on paper.	Jump on a trampoline.	Talk to someone close to you.	Look up recipes cook a meal.
Hunt for your perfect home or car on-line.	Play the "15 minute game." (Avoid something for 15 minutes when time is up start again.)	Make hot chocolate milkshake or smoothie.	Help a friend	Cooking
Dance.	Play with a pet.	**FREE**	Plant some seeds.	Perform a random act of kindness for someone.
Clean your room /closet.	Talk to staff	Dance	Shoot hoops kick a ball.	Look up new words and use them.
Complete something you've been putting off.	Make a list of blessings in your life.	Think about loved ones	Clean something.	Watch an old happy movie.

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B	I	N	G	O
Text or call an old friend.	CALL WARMLINE	Play with modeling clay or Play-Dough.	Sewing	Play cards
Color with Crayons.	Make a CD/playlist of your favorite songs.	Play with a pet.	Teach your pet a new trick.	Meditate.
Plant some seeds.	Exercise (running walking etc.).	**FREE**	Go somewhere very public.	Read
Write (poetry stories journal).	Sing.	Scribble/doodle on paper.	Punch a punching bag.	Study the sky.
Complete something you've been putting off.	Do a wordsearch or crossword.	Read a good book.	Excerise	Rearrange furniture.

Custom Bingo Card #3 of 3

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