

B	I	N	G	O
My dreams are achievable	I am awesome	I am a hard worker	I am special	I love myself
I enjoy being feeling and thinking positive	I am happy	I will ask for help	I have many gifts and talents	I am becoming better each day
I learn from my challenges	I respect my body	Elf-Esteem BINGO FREE SPACE	My opinion matters	I am calm
I have good friends	I do not regret yesterday and I am excited for tomorrow	I stand up for myself	I embrace changes in peaceful and positive ways	I overcome my challenges
I embrace my fears	I learn from mistakes	I care about school	I care about my myself	I have all the tools to be successful

B	I	N	G	O
I embrace changes in peaceful and positive ways	I can't control everything	I am calm	I am completely unique	I have good friends
I have a positive attitude	I enjoy being feeling and thinking positive	I am becoming better each day	I stand up for myself	I love myself
I do my best in my work	I do not regret yesterday and I am excited for tomorrow	Elf-Esteem BINGO FREE SPACE	I will ask for help	My opinion matters
I am awesome	I have all the tools to be successful	I am happy	I learn from mistakes	There is someone who loves me
I never give up	I learn from my challenges	I have many gifts and talents	I overcome my challenges	I am creative

B	I	N	G	O
I learn from mistakes	I have a positive attitude	I am happy	I learn from my challenges	I have all the tools to be successful
I am awesome	I do my best in my work	I am a hard worker	I enjoy being feeling and thinking positive	My dreams are achievable
I am completely unique	Though times may be difficult they will eventually get better	Elf-Esteem BINGO FREE SPACE	There is someone who loves me	I am healthy
I am becoming better each day	I love myself	I have good friends	I am relaxed and peaceful	My opinion matters
I am creative	I embrace changes in peaceful and positive ways	I am special	I am calm	I care about my myself