

B	I	N	G	O
My dreams are achievable	I am awesome	I am a hard worker	I am special	I love myself
I feel confident and secure	I am happy	I turn failures into opportunities for success	I have many gifts and talents	I am becoming better each day
I learn from my challenges	I stand up for myself	FREE	My opinion matters	I am brave
I have good friends	I do not regret yesterday and I am excited for tomorrow	I am creative	I embrace changes in peaceful and positive ways	I overcome my challenges
I enjoy being feeling and thinking positive	I learn from mistakes	I respect my body	I care about school	I care about my myself

B	I	N	G	O
I have a positive attitude	I embrace changes in peaceful and positive ways	I can't control everything	I am calm	I am completely unique
I have all the tools to be successful	I feel confident and secure	I enjoy being feeling and thinking positive	I am becoming better each day	I stand up for myself
I never give up	I do not regret yesterday and I am excited for tomorrow	FREE	I am brave	I will ask for help
My opinion matters	I turn failures into opportunities for success	I am awesome	I have good friends	I love myself
I am happy	I am special	I learn from mistakes	I learn from my challenges	I have many gifts and talents

B	I	N	G	O
I overcome my challenges	I am brave	I am completely unique	I learn from mistakes	I feel confident and secure
I am happy	I learn from my challenges	I have all the tools to be successful	I am awesome	I do not regret yesterday and I am excited for tomorrow
I am a hard worker	I enjoy being feeling and thinking positive	FREE	My dreams are achievable	I am calm
Though times may be difficult they will eventually get better	There is someone who loves me	I love myself	I have good friends	I am relaxed and peaceful
My opinion matters	I am becoming better each day	I embrace changes in peaceful and positive ways	I am special	I care about my myself