

S	O	B	E	R
self-help support group	Has a sponsor	addiction	memory loss	ecstasy
Meditation	positive coping strategies	inhalants	Has fewer than 90 days clean/sober	pain pills
Has finished Step Nine	break the cycle	FREE	cancer	money problems
co-occurring disorder	medication	alcohol	family	affirmations
Have a year sober/clean	High risk situation	heroin	NNAMHS	marijuana

S	O	B	E	R
steroids	meth	medication	inhalants	money problems
Have a year sober/clean	High risk situation	marijuana	family	Meditation
heroin	Has fewer than 90 days clean/sober	FREE	break the cycle	Has a sponsor
ecstasy	self-help support group	treatment	NNAMHS	Has finished Step Nine
memory loss	Volunteer	cancer	addiction	alcohol

S	O	B	E	R
heroin	Meditation	medication	marijuana	Volunteer
Has fewer than 90 days clean/sober	treatment	addiction	steroids	resentments
NNAMHS	money problems	FREE	co-occurring disorder	memory loss
Has a sponsor	High risk situation	family	cancer	better communication
self-help support group	Has finished Step Nine	pain pills	Have a year sober/clean	positive coping strategies