

G	O	A	L	S
where	accountability	SMART Goals	healthy	stick with it
realistic	goal setting	when	set goals	achievable
steps	values	FREE	who	character
long term goal	measurable	timely	plan	specific
how	help	resolution	friends	responsibility

G	O	A	L	S
realistic	plan	achievable	what	decision making
stick with it	long term goal	character	measurable	when
who	accountability	FREE	set goals	resolution
responsibility	new year	grades	healthy	short term goal
steps	trustworthiness	friends	specific	goal setting

G	O	A	L	S
specific	resolution	responsibility	accountability	long term goal
SMART Goals	plan	goal setting	where	decision making
written	why	FREE	grades	achievable
stick with it	set goals	hard work	who	realistic
friends	steps	measurable	healthy	character