

B	I	N	G	O
Use active listening	Ask for someone else to help	No insults	Treat people fairly	Say how you feel
Don't interrupt	Understand the situation	Stick to the agreement	Be honest	Talking can lead to a solution
Try to think of a solution together	Work Together	FREE	Don't blame anyone	Perhaps share progress with someone else
Put yourself in their shoes	Try seeing the good in people	Remember who can help you in school	No telling of secrets	See the other persons point of view
No screaming or kicking or fighting	Don't gang up with others	Take time to calm down	Work out what each of you will do	Listen to the other person

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Work Together	Be honest	Treat people fairly	Don't interrupt	Stick to the agreement
No insults	Work out what each of you will do	Say how you feel	Don't gang up with others	Talking can lead to a solution
Put yourself in their shoes	Don't blame anyone	FREE	Perhaps share progress with someone else	Ask for someone else to help
No telling of secrets	Take time to calm down	Use active listening	Listen to the other person	Try seeing the good in people
Remember who can help you in school	See the other persons point of view	Try to think of a solution together	Understand the situation	No screaming or kicking or fighting

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Don't gang up with others	Take time to calm down	Be honest	See the other persons point of view	Don't blame anyone
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Try to think of a solution together	Listen to the other person	FREE	Try seeing the good in people	No telling of secrets
Work Together	Talking can lead to a solution	Treat people fairly	Work out what each of you will do	No insults
Perhaps share progress with someone else	Ask for someone else to help	Stick to the agreement	Don't interrupt	No screaming or kicking or fighting