

Medication Bingo

Tell your doctor	3 to 4 weeks	Dry mouth/ thirsty	Right time	Name your favorite coping skill
Coping skills	Taking deep breaths	Right dose	911	Support System
They feel fine and think they don't need it	Antidepressants	FREE	Put alarm on your phone	Medication Compliance
Balance chemicals in your brain that affect mood & emotions	Mental disorder	Side effects	Mood	Right medication
Stomach aches	Go to your follow up appointments	Emotion	Neurotransmitters	Anxiety

Medication Bingo

Put alarm on your phone	Name your favorite coping skill	Antidepressants	Support System	Anxiety
Side effects	Medication Compliance	Mental disorder	Taking deep breaths	911
They feel fine and think they don't need it	Right time	FREE	Neurotransmitters	Coping skills
Dry mouth/thirsty	Right dose	Stomach aches	Balance chemicals in your brain that affect mood & emotions	Right medication
3 to 4 weeks	Tell your doctor	Zoloft and Prozac	Depression	Emotion

Medication Bingo

Put alarm on your phone	Coping skills	Right medication	Depression	911
3 to 4 weeks	Zoloft and Prozac	Dry mouth/thirsty	They feel fine and think they don't need it	Balance chemicals in your brain that affect mood & emotions
Taking deep breaths	Stomach aches	FREE	Mood	Right time
Anxiety	Neurotransmitters	Mental disorder	Medication Compliance	Antidepressants
Support System	Name your favorite coping skill	Emotion	Right dose	Tell your doctor