

B	I	N	G	O
try to forget about it	draw	listen to music	spend time alone	play with pet
go to my room	talk to parent	punch a pillow	email friends	sleep
talk to a friend	watch TV	FREE	exercise	play video games
play with friends	take deep breaths	play with legos	play the piano	play with toys
play downstairs	go outside	read	write	hang out with sister

B	I	N	G	O
watch TV	email friends	spend time alone	go to my room	punch a pillow
listen to music	write	play with pet	go outside	sleep
play with friends	exercise	FREE	play video games	draw
play the piano	read	try to forget about it	hang out with sister	take deep breaths
play with legos	play with toys	talk to a friend	talk to parent	play downstairs

B	I	N	G	O
go outside	read	email friends	play with toys	exercise
try to forget about it	play with friends	play with legos	talk to parent	play with pet
talk to a friend	hang out with sister	FREE	take deep breaths	play the piano
watch TV	sleep	spend time alone	write	listen to music
play video games	draw	punch a pillow	go to my room	play downstairs